

**On Our Own
Of Roanoke Valley**
12-5pm Monday-Saturday
Open Sundays 1:30 - 5:00pm



2016

429 Elm Ave., SW,
Roanoke, VA 24016
Come fellowship with us!
540-362-0061
Email: info@ronourown.com
New Website:
www.onourownroanoke.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>July 4th Potluck</i> Please bring a dish to share <i>Sign up at OOO</i></p> 		 <p>Come Celebrate Robin's 15th Anniversary at OOO Friday, July 29th 12:30 - 3:30 pm</p>			<p>1</p> <p>12:30-1:30 Mindfulness Group 2:00 Peer Support Group</p> <p>Craft 3:15</p>	<p>2</p> <p>12:30 Peer Support Group</p> <p>2:00 DRA</p> <p>3:00 p.m. Coffeehouse: Karaoke, open mike</p>	
<p>3 Open 1:30-5:00</p> <p>2:30 DRA</p> <p>Fellowship</p>	<p>4th JULY 1:00-3:00</p> <p>Potluck: Meat & Drinks Provided Preregistration Required No Groups Today</p>	<p>5</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>6</p> <p>WRAP 12:30-1:30</p> <p>2:00 Peer Support Group</p>	<p>7</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p> <p>No Men's Group this month</p>	<p>8 Happy July</p> <p>Birthdays! </p> <p>12:30-1:30 Mindfulness Group 2:00 Peer Support Group</p> <p>Craft 3:15</p>	<p>9 10:30am Bipolar Support Group 12:30 Peer Support Group</p> <p>2:00 DRA</p> <p>3:00 p.m. Coffeehouse: Karaoke, open mike</p>	
<p>10 Open 1:30-5:00</p> <p>2:30 DRA</p> <p>Fellowship</p>	<p>11 1:00 Veterans' Support Group</p> <p>2:00-3:00 Women to Women Support Group</p>	<p>12</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>13</p> <p>No WRAP Today</p> <p>2:00 Peer Support Group</p>	<p>14</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>15 Center Closed Today</p>		<p>16 12:30 Peer Support Group</p> <p>2:00 DRA</p> <p>3:00 p.m. Coffeehouse: Karaoke, open mike</p>
<p>17 Open 1:30-5:00</p> <p>2:30 DRA</p> <p>Fellowship</p>	<p>18 Pet Therapy Day</p> <p>12:30 Peer Support Group 2:00-3:00 Women to Women Support Group</p>	<p>19</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p> <p>No Board Meeting this month</p>	<p>20</p> <p>WRAP 12:30-1:30</p> <p>2:00 Peer Support Group</p>	<p>21</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>22</p> <p>12:30-1:30 Mindfulness Group 2:00 Peer Support Group</p> <p>3:15 Bingo</p>	<p>23 12:30 Peer Support Group</p> <p>2:00 DRA</p> <p>3:00 p.m. Coffeehouse: Karaoke, open mike</p>	
<p>24 Open 1:30-5:00 Fellowship 2:30 DRA</p>	<p>25 12:30 Peer Support Group 2:00-3:00 Women to Women Support Group</p>	<p>26</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>27</p> <p>WRAP 12:30-1:30</p> <p>2:00 Peer Support Group</p>	<p>28</p> <p>1:00 D.R.A.</p> <p>2:30 Peer Support Group</p>	<p>29 </p> <p>Celebration Luau 12:30 - 3:30 pm Stop in and congratulate Robin on 15 years at OOO</p> <p>2:00 Peer Support Group</p>	<p>30 12:30 Peer Support Group</p> <p>2:00 DRA</p> <p>3:00 p.m. Coffeehouse: Karaoke, open mike</p>	
<p>31 Open 1:30-5:00 Fellowship 2:30 DRA</p>							